

# Hereford Couriers Christmas 10k



## Team Results

Bib	Name	Time	Bib	Name	Time
<b>Female</b>			251	Gavin Jones	35:02
<b>1. Croft Ambrey RC 1 115</b>			272	Toby Dickens	35:40
254	Kelly Bowen	41:05	253	Grant White	42:30
258	Alice Godding	41:18	<b>3. Hereford Couriers 2 58</b>		
90	Roxane Woodfield	43:21	107	Ross Cameron	38:12
<b>2. Hereford Couriers 1 213</b>			210	Andrew Tyler	38:39
239	Sheryl Evans	44:53	175	Jake Underhill	38:55
154	Clare Mallender	45:56	<b>4. Wye Valley Runners 1 67</b>		
58	Kirsty Jenkins	51:10	226	Steven Flowers	36:55
<b>3. Croft Ambrey RC 2 249</b>			228	Paul Kemp	40:27
150	Katie Belcher	44:52	76	Jeremy Jehan	40:27
257	Thea Preece	52:18	<b>5. Croft Ambrey RC 1 77</b>		
241	liza Austin	52:48	243	Toby Austin	36:24
<b>4. Wye Valley Runners 1 266</b>			102	Eric Apperley	36:58
62	Jane Hayde	47:51	120	Michael Powell	44:26
130	Rebecca Ansfield	47:55	<b>6. Hereford Couriers 3 88</b>		
144	Sian Champken	56:18	198	Ryan Lawrence	39:08
<b>5. Hereford Tri Club 1 315</b>			193	Tim Taylor	40:40
205	Kelly Rose	53:26	192	Christopher Cleary	41:05
131	Liz Davies-Ward	54:44	<b>7. Wye Valley Runners 2 158</b>		
67	Emma Murphy	54:57	145	Paddy Nugent	44:09
<b>6. Hereford Couriers 2 320</b>			250	Shaun Hoyes	44:11
196	Bronwen Tyler-Jones	52:29	57	Marc Kendrick	44:37
185	Bryony Dean	55:12	<b>8. Ludlow Runners 1 181</b>		
60	Hollie Francis	56:34	122	Daniel Spear	41:15
<b>7. Ledbury &amp; District Harriers 1 357</b>			153	Paul Baskeyfield	45:42
19	Ella Hogan	51:54	27	Paul Roberts	49:34
29	Victoria Band	59:57	<b>9. Croft Ambrey RC 2 214</b>		
220	Rachel Bannister	1:00:27	248	Stuart Austin	44:32
<b>8. Croft Ambrey RC 3 369</b>			190	John Jaspers	48:25
88	Bronwyn Preece	54:53	111	Roland Preece	48:50
117	Stephanie King	57:00	<b>10. Hereford Couriers 4 232</b>		
79	Sue Wood	1:02:35	262	Doug Norton	47:17
<b>Male</b>			20	Daniel Mapp	48:03
<b>1. Hereford Couriers 1 32</b>			52	William Connell	50:09
166	Ryan Knight	35:45	<b>11. Black Pear Joggers 1 239</b>		
132	William Maul	35:53	271	Daniel Scolari	40:06
171	Darren Broady	37:15	264	John Brennan	44:23
<b>2. Monross Trailblazers 1 52</b>			255	Scott Collison	1:24:30
			<b>12. Hereford Couriers 5 392</b>		

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23	Jake Cullum-Hollins	56:10			
183	Alan Rowlands	57:20			
105	Chris Ruck	1:12:25			