

Hereford Couriers Virtual 5k Series 2020 Overall Winners

Male		Category	Female	
Eliot Taylor	Cheltenham and County Harriers	Overall Winner	Katie Synge-Curtis	Hereford Couriers
Sam Butler	Presteigne Pacers Running Club	Overall 2nd Place	Claire Thomas	Ludlow Runners
Henry White	Hereford Ghost Runners	Overall 3rd Place	Samantha Harris	Forest of Dean AC
Eliot Taylor	Cheltenham and County Harriers	Senior	Katie Synge-Curtis	Hereford Couriers
Henry White	Hereford Ghost Runners	Junior	Charlotte Broadhurst	Kidderminster and Stourport
		FV35	Claire Thomas	Ludlow Runners
James Rose	Severn AC	V40	Samantha Harris	Forest of Dean AC
David Bannister	Ledbury & District Harriers	V45	Bronwen Tyler-Jones	Hereford Couriers
Paul Mammatt	Hereford Triathlon Club	V50	Linda White	
Martin Carter	Hay Hotfooters	V55	Suzanne Powell	Croft Ambrey RC
Alan Whitby	Tewkesbury Running Club	V60	Kathy Ratcliffe	
Alan Robertson	Forest of Dean AC	V65		
Steve Herington	Hereford Couriers	V70	Margaret Crosswell	Worcester AC
Bryan Markham	Croft Ambrey RC	V80		
		Wheelchair	Julie Lawrenson	

Hereford Couriers Virtual 5k Series 2020 Team Results

Male		Team	Female	
Hereford Couriers	Knight, Tyler, Broady, Maul & Skinner	1st Team	Hereford Couriers	Synge-Curtis, Axford, Mallender, Smith & Morris
Hereford Couriers B	Lawrence, S Jones, Walker, Hookins & Carwardine	2nd Team	Croft Ambrey	Fletcher, Bowen, Marriott, S Powell & Godding
Forest of Dean AC	Sherwin, Williamson, Robertson, Strange & Kibble	3rd Team	Wye Valley Runners	L Williams, Tootell, Hayde, Compton & E Davies