

Hereford Couriers Virtual Race Series 2020 Races 1 & 2 Combined

Pos	Points	Forename	Surname	Club	Age Cat	Gender Pos	Cat Pos
1	3	Eliot	Taylor	Cheltenham and County Harriers	SM	1	1
2	6	Sam	Butler	Presteigne Pacers Running Club	SM	2	2
2	6	James	Rogers	Clapham Chasers	SM	2	2
3	12	Henry	White	Hereford Ghost Runners	JM	3	1
4	17	Ryan	Knight	Hereford Couriers	SM	4	3
5	18	David	Bannister	Ledbury & District Harriers	V45	5	1
5	18	Steven	Flowers	Wye Valley Runners	SM	5	4
6	19	Cory	Sherwin	Forest of Dean AC	SM	6	5
6	19	Andrew	Tyler	Hereford Couriers	V45	6	2
7	21	Joe	Collins	Hay Hotfooters	JM	7	2
8	25	Ben	Skinner	Hereford Couriers	SM	8	6
8	25	Owain	Williams		SM	8	6
9	29	William	Maul	Hereford Couriers	SM	9	7
9	29	James	Rose	Severn AC	V40	9	1
10	33	Darren	Broady	Hereford Couriers	SM	10	8
11	34	Declan	Miller	Ludlow Runners	SM	11	9
12	35	Katie	Synge-Curtis	Hereford Couriers	SF	1	1
13	41	Daniel	Phillips		SM	12	10
14	44	Claire	Thomas	Ludlow Runners	FV35	2	1
15	46	Eric	Apperley	Croft Ambrey RC	SM	13	11
15	46	Neil	Grinnell	Ledbury & District Harriers	V40	13	2
16	53	Martin	Carter	Hay Hotfooters	V55	14	1
17	55	Ryan	Lawrence	Hereford Couriers	SM	15	12
18	56	Daniel	Spear	Ludlow Runners	SM	16	13
19	61	Alan	Whitby	Tewkesbury Running Club	V60	17	1
20	62	Tim	Giles	Ludlow Runners	V45	18	3
21	64	Mark	Radon		SM	19	14
22	65	Charlotte	Broadhurst	Kidderminster and Stourport	JF	3	1
22	65	Samantha	Harris	Forest of Dean AC	FV40	3	1
23	67	Matt	Ansfield		V45	20	4
23	67	Hannah	Fletcher	Croft Ambrey RC	FV35	4	2
24	68	Jamie	Griffiths		SM	21	15
25	73	Rob	Scott		SM	22	16
26	75	Ned	Collins	Hay Hotfooters	JM	23	3
27	78	Martin	Williams		V40	24	3
28	79	Steve	Jones	Hereford Couriers	SM	25	17
29	80	Kit	Williams		SM	26	18
30	81	Paul	Mammatt	Hereford Triathlon Club	V50	27	1
31	83	Cai	Rees	Hereford & County AC	JM	28	4
32	91	Greg	Nicholls		SM	29	19
33	92	Graeme	Walker	Hereford Couriers	V55	30	2

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Pos	Points	Forename	Surname	Club	Age Cat	Gender Pos	Cat Pos
34	94	Izzy	Axford	Hereford Couriers	SF	5	2
35	97	Jon	Edwards	Hereford Couriers	V40	31	4
36	98	Dan	Hardy		SM	32	20
37	98	Lauren	Williams	Wye Valley Runners	SF	6	3
38	99	Kelly	Bowen	Croft Ambrey RC	FV35	7	3
39	104	Mark	Hookins	Hereford Couriers	V50	33	2
40	106	Laura	Tootell	Wye Valley Runners	FV40	8	2
41	109	Peter	Carwardine	Hereford Couriers	V60	34	2
42	110	Linda	White		FV50	9	1
43	113	Clare	Mallender	Hereford Couriers	FV40	10	3
44	114	Amy	Smith	Hereford Couriers	FV35	11	4
45	115	Barry	Moses		V45	35	5
46	116	Mark	Williamson	Forest of Dean AC	V60	36	3
47	120	Alan	Robertson	Forest of Dean AC	V65	37	1
48	121	John	Jaspers	Croft Ambrey RC	V50	38	3
49	125	Jason	Griffiths		SM	39	21
49	125	Michael	Strange	Forest of Dean AC	V65	39	2
50	128	Sam	Juson	Croft Ambrey RC	SM	40	22
50	128	Eva	Tyler	Hereford & County AC	JF	12	2
51	129	Christopher	Berry	Black Pear Joggers	V50	41	4
51	129	Stuart	Davies		SM	41	23
51	129	Sam	Twiner		SM	41	23
52	131	David	Bessant	Black Pear Joggers	V50	42	5
53	137	Daniel	Mapp	Hereford Couriers	SM	43	24
54	138	Sophie	Cook	Builth & District Running Club	FV35	13	5
55	139	Simon	Lewis	Lonely Goat Running Club	V45	44	6
56	141	Jo	Marriott	Croft Ambrey RC	FV50	14	2
57	144	Paul	Davies	Hereford Couriers	V55	45	3
58	145	Robert	Gilligan	Wye Valley Runners	V55	46	4
58	145	Thomas	Powell	Ludlow Runners	SM	46	25
59	146	Michelle	Bowley	Hereford Couriers	FV50	15	3
59	146	Alex	Millar	Westfield TT	V50	47	6
60	148	Chris	Smart	Hereford Couriers	V55	48	5
60	148	Dean	Whittaker	Witham RC	V40	48	5
61	150	Kate	Morris	Hereford Couriers	FV35	16	6
62	151	Helen	Carter	Presteigne Pacers Running Club	FV50	17	4
63	152	Jane	Hayde	Wye Valley Runners	FV35	18	7
64	156	Conor	Giggle		SM	49	26
65	160	David	Butler		SM	50	27
65	160	Mike	Chipping	Bristol and West AC	V65	50	3
66	163	Steve	Herington	Hereford Couriers	V70	51	1

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67	166	Michael	Barnes	Fairwater Runners Cwmbran	SM	52	28
67	166	Fred	Tyler	Hereford & County AC	JM	52	5
68	174	Jonathan	Sanderson	Croft Ambrey RC	V45	53	7
68	174	Ben	Young		V40	54	6
69	176	Ian	Fuller	Malvern Joggers	V45	55	8
70	177	Joanne	Tilby	Croft Ambrey RC	FV35	19	8
70	178	Jane	Sauer	Tewkesbury Running Club	FV40	20	4
71	180	Lynne	Compton	Wye Valley Runners	FV50	21	5
72	184	Darren	Edwards	Croft Ambrey RC	V45	56	9
72	184	Bryan	Lloyd	Presteigne Pacers Running Club	V60	56	4
73	189	Abi	Knight		SF	22	4
74	190	Kirsty	Jenkins	Hereford Couriers	SF	23	5
75	193	Claire	Haynes	Malvern Joggers	SF	24	6
75	193	Jason	Ross-Collins	Forest of Dean AC	V45	57	10
76	194	Stephen	Higgs	Lonely Goat Running Club	V65	58	4
77	199	Ruth	Jones	Forest of Dean AC	FV50	25	6
78	200	Ella	Hogan	Ledbury & District Harriers	FV40	26	5
79	205	Steven	Mesham	Presteigne Pacers Running Club	V45	59	11
80	206	Garry	Godsall	Hereford Triathlon Club	V45	60	12
81	208	Suzanne	Powell	Croft Ambrey RC	FV55	27	1
82	209	Gareth	Starr		V50	61	7
83	210	Bronwen	Tyler-Jones	Hereford Couriers	FV45	28	1
84	212	James	Hancocks		V40	62	7
85	218	Jessica	Depper	Malvern Joggers	SF	29	7
86	219	Ruth	Cartwright		SF	30	8
87	222	Michael	Bryant	Newent Runners	V60	63	5
87	222	Roland	Preece	Croft Ambrey RC	V50	63	8
88	223	Kathy	Ratcliffe		FV60	31	1
89	224	Jack	Edwards	Croft Ambrey RC	JM	64	6
89	224	Colin	Hughes		V50	64	9
90	225	Louis	Ansfield	Hereford Ghost Runners	JM	65	7
90	225	Charlotte	Godsall	Hereford Triathlon Club	FV45	32	2
91	226	Michael	Bellringer		SM	66	29
91	226	Sky	Herington	Hereford Couriers	SF	33	9
92	226	Lianne	Rollinson	Builth & District Running Club	FV35	33	9
93	230	Emily	Davies	Wye Valley Runners	FV40	34	6
94	231	Richard	Hillier		SM	67	30
95	232	Lucia	Demkova	Monross Trailblazers	FV35	35	10
96	234	Charlie	Jones	Cheltenham and County Harriers	SM	68	31
97	239	Lucy	Smith		FV40	36	7
98	240	Richard	Andrews	Hereford Triathlon Club	V50	69	10

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98	240	Adrian	Taylor	Presteigne Pacers Running Club	V50	69	11
99	242	Bryony	Dean	Hereford Couriers	FV40	37	8
99	242	Deanna	Mammatt	Hereford Triathlon Club	FV45	37	3
100	244	John	Elrick	JSK Running Club	V60	70	6
101	248	Kevin	Duggan	Presteigne Pacers Running Club	V40	71	8
101	248	Rhiannon	George		SF	38	10
101	248	Scott	Jones	Croft Ambrey RC	JM	71	8
102	250	Sarah	Hughes		FV35	39	11
102	250	Vanessa	Pegler	Forest of Dean AC	FV50	39	7
103	251	Di	Fox		FV50	40	8
104	254	William	Gore	Croft Ambrey RC	SM	72	32
104	254	Remo	Morgani	BTR Road Runners	V55	72	6
105	255	Jack	Wilson	Croft Ambrey RC	SM	73	33
106	256	Philip	Bouchier		SM	74	34
106	256	Ann	Pritchard	Wye Valley Runners	FV50	41	9
107	257	Peter	Mayne		V65	75	5
108	258	Drew	Cheshire		SM	76	35
108	258	Naomi	Smith	Lonely Goat Running Club	FV35	42	12
109	264	Lee	Kibble	Forest of Dean AC	SM	77	36
110	265	Joyce	Warburton		FV45	43	4
111	267	Martin	Scrivens	Monross Trailblazers	V40	78	9
112	268	Peter	Koval		SM	79	37
113	269	Haf	Rees	Hereford & County AC	JF	44	3
113	269	David	White	Hereford Couriers	V50	80	12
114	271	Laura	Plummer	Black Pear Joggers	FV35	45	13
114	271	David	O'Connell	Presteigne Pacers Running Club	SM	81	38
115	273	Gemma	Davies	Croft Ambrey RC	FV35	46	14
115	273	Bonny	Herington		SF	46	11
115	273	Nigel	Taylor	Croft Ambrey RC	V50	82	13
115	273	Steve	Harris	Forest of Dean AC	V40	82	10
116	274	Rachel	Downes		FV55	47	2
117	276	Thea	Preece	Croft Ambrey RC	SF	48	12
118	278	Kate	Backhouse	Ledbury & District Harriers	FV35	49	15
119	278	Ben	Padian		SM	83	39
120	280	Richard	Cavender	Black Pear Joggers	V55	84	7
121	281	Michelle	Embleton	Ashington Hirst Running Club	FV45	50	5
121	281	Paddy	Nugent	Wye Valley Runners	V55	85	8
121	281	Gareth	Lloyd	Presteigne Pacers Running Club	SM	85	40
122	283	Lindsay	Dobbie	The meedies running club	FV40	51	9
123	286	Felicity	Cole		FV55	52	3
123	286	Samantha	Downes		FV35	53	16

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124	288	Alice	Godding	Croft Ambrey RC	SF	54	13
125	289	Kirsty	Hatcher		FV35	55	17
126	290	Bill	Duff	Falkland Trail Runners	V70	86	2
126	290	Joanna	Eddy		FV40	56	10
127	292	Richard	Pegler	Forest of Dean AC	V45	87	13
128	293	Peter	Ewart		V40	88	11
128	293	Izzie	Seal	Hereford Couriers	SF	57	14
129	296	Peter	Covington-Jones	Forest of Dean AC	V60	89	7
129	296	Laura	Jenkins	Hereford Couriers	SF	58	15
130	298	Stephen	Hobson	Hereford Couriers	V60	90	8
131	301	Hollie	Francis	Hereford Couriers	SF	59	16
131	301	Hayley	Lovatt		FV40	59	11
131	301	Michelle	McGrath		FV35	59	18
132	302	Clare	Sims	London City Runners	FV45	60	6
133	304	Sandy	Ross	Ludlow Runners	V65	91	6
134	306	Erica	Pritchard		FV40	61	12
135	309	Jenny	Clarke	Triathlon Inverness	FV45	62	7
135	309	Margaret	Crosswell	Worcester AC	FV70	63	1
136	310	Paul	Taylor		V65	92	7
137	311	Kate	Darby		SF	64	17
138	314	Louise	Reeve	Croft Ambrey RC	FV40	65	13
139	316	Catherine	Bushnell		SF	66	18
139	316	Bronwyn	Preece	Croft Ambrey RC	SF	67	19
140	319	Caz	Holmes	Hereford Couriers	SF	68	20
141	320	Kelly	Jones		SF	69	21
142	323	Ivan	Bowley		V55	93	9
142	323	Ben	Goddard		SM	93	41
143	324	Allastaire	Ballantyne	Hereford Couriers	V55	94	10
143	324	Lindsey	Morgan		SF	70	22
144	325	Victoria	Dickinson	Croft Ambrey RC	FV50	71	10
144	325	Teresa	Jones	Croft Ambrey RC	FV50	72	11
145	326	Stuart	Taylor		V40	95	12
145	336	Jan	Edwards	Wye Valley Runners	FV60	73	2
146	338	Emi-Lou	Barker		SF	74	23
147	340	claire	shacklock	Black Pear Joggers	FV35	75	19
147	340	Brian	Symonds	Wye Valley Runners	V70	96	3
148	344	Lucy	Belcher		FV35	76	20
148	344	Kelly	Murray	Hereford Couriers	SF	76	24
149	345	Bev	Tyler	Hereford Couriers	FV50	77	12
150	346	Nicola	Paton		FV35	78	21
150	346	Mandy	Rees	Hereford Couriers	FV40	78	14

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151	347	Abigail	Allcock		FV40	79	15
151	347	Rachel	Bannister	Ledbury & District Harriers	FV40	79	15
152	349	Paul	Gilbert	Hereford Couriers	V45	97	14
153	350	James	Bellringer		SM	98	42
153	350	Sophie	Steane	Croft Ambrey RC	SF	80	25
154	354	Amy	Gilligan	Wye Valley Runners	SF	81	26
155	357	Dominic	Cresswell		JM	99	9
156	359	Lisa	Gray	Croft Ambrey RC	FV45	82	8
157	361	Hannah	Campbell	Hereford Couriers	SF	83	27
158	366	Mary	Simpson	Royal Wootton Bassett Hounds RC	FV60	84	3
158	366	Mia	Whitnall	Hereford & County AC	JF	84	4
159	368	Richard	Bloomer		SM	100	43
160	376	William	Connell	Hereford Couriers	V60	101	9
160	376	Chris	Ruck	Hereford Couriers	V50	102	14
161	377	Eilidh	Eadington	Wee County Harriers	JF	85	5
162	379	Ben	Warburton		JM	103	10
163	380	Andy	Evans		V40	104	13
163	380	Adam	Haywood	Wye Valley Runners	SM	104	44
163	380	Mel	Heale	Run Things Run Club	FV45	86	9
164	382	Sarah	Elwine		FV50	87	13
164	382	Mark	Paget		SM	105	45
165	383	Jimmy	Allwright		V45	106	15
166	385	Milly	Gough		JF	88	6
166	385	Janice	Whitelegge		FV45	88	10
167	386	Abigail	Brown		FV35	89	22
167	386	John	Noonan		V60	107	10
168	388	Gillian	Strangwood		FV50	90	14
169	389	Graeme	Galloway		V50	108	15
170	393	Nicola	Dearing		FV35	91	23
171	394	Vicky	Turner		FV35	92	24
172	396	Charlotte	House		SF	93	28
172	396	Clare	Preece	Croft Ambrey RC	FV50	93	15
173	397	Peggy	Edwards	Pontypridd Roadents AC	FV50	94	16
174	403	Helen	McCarthy		FV55	95	4
174	403	Rachel	Trott		FV50	95	17
175	404	Fran	Hill		FV50	96	18
176	406	Shirley	Gozën		FV60	97	4
177	408	Clair	Davies		FV35	98	25
178	410	Carol	Powell	Croft Ambrey RC	FV45	99	11
179	412	Suzanne	Field	Croft Ambrey RC	FV50	100	19
180	417	Amanda	Williams		FV40	101	16

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181	418	Oliver	Foster		V40	109	14
181	418	Frances	Hall		JF	102	7
181	418	Sally	Hall		FV50	102	20
182	421	Nicola	Davies	Hay Hotfooters	FV45	103	12
183	422	Philippa	Brooks		FV45	104	13
184	423	Dan	Griffin	Fordy Runs Running Club	V45	110	16
185	424	Tom	Davies	Croft Ambrey RC	V70	111	4
186	427	Anna	Simpkin	Hereford Couriers	SF	105	29
187	432	Rhiannon	Harrison		FV40	106	17
188	437	Liz	Fishpool	Bodenham Runners	SF	107	30
189	438	Heather	Powell	Croft Ambrey RC	FV55	108	5
189	438	Rachel	Todd		FV40	108	18
190	439	Bryan	Markham	Croft Ambrey RC	V80	112	1
191	440	Karen	Mercer		FV55	109	6
192	442	Sarah	Bowring	Hereford Couriers	FV50	110	21
192	442	Samantha	Preece		SF	110	31
193	443	Duncan	Lynch	Ugieside	V55	113	11
194	444	Ashleigh	Winstanley	Malvern Joggers	SF	111	32
195	446	Peter	Smith	Wye Valley Runners	V70	114	5
196	448	Christabel	Hall		JF	112	8
197	453	Caroline	Edwards		FV50	113	22
197	453	Marc	Kendrick	Wye Valley Runners	SM	115	46
198	455	Tonia	Noon	Croft Ambrey RC	FV50	114	23
199	460	Sabeena	Domun		FV40	115	19
199	460	Alyson	Kinsey		FV35	115	26
200	463	Rachel	Lawrence		SF	116	33
201	466	Mary	Mort	Empower Runners	FV45	117	14
202	467	Sean	Kachmarski	Denby Dale Athletics Club	V50	116	16
203	469	Cheryl	Clarke-Phillips	Malvern Joggers	FV35	118	27
204	473	Dexter	Cole		SM	117	47
204	473	Millie	Walters		JF	119	9
204	473	Tim	Winstanley	Malvern Joggers	V50	117	17
205	475	Catherine	Alexander	Lonely Goat Running Club	FV45	120	15
206	476	Kayleigh	Cresswell		FV35	121	28
206	476	Sarah Ann	Handy	Ashington Hirst Running Club	FV45	121	16
206	476	Susannah	Hurlbutt	Ashington Hirst Running Club	FV70	121	2
206	476	Niamh	Roberts		JF	121	10
207	481	Annette	Duff		FV60	122	5
208	483	Julie	Lawrenson		FV50 Wheel	123	1
209	484	Stephen	Fullard		V60	118	11
210	485	David	Bruce	JogScotland	V50	119	18

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211	489	Jenny	Parrott		SF	124	34
212	491	Sharon	Wood		FV45	125	17