

Virtual 5k Series Race 1 Female Team Results					July 2020
1	Hereford Couriers A		37		
2	Croft Ambrey A		80		
3	Wye Valley Runners A		82		
4	Hereford Couriers B		129		
5	Hereford Couriers C		257		
6	Croft Ambrey B		293		
7	Croft Ambrey C		403		
8	Hereford Couriers D		464		
1st					
Hereford Couriers A					
0:18:35	Katie	Synge-Curtis	Hereford Couriers	SF	1
0:21:29	Izzy	Axford	Hereford Couriers	SF	6
0:21:53	Amy	Smith	Hereford Couriers	FV35	9
0:21:54	Clare	Mallender	Hereford Couriers	FV40	10
0:21:55	Izzie	Seal	Hereford Couriers	SF	11
Total					37
2nd					
Croft Ambrey A					
0:20:15	Hannah	Fletcher	Croft Ambrey RC	FV35	4
0:21:04	Kelly	Bowen	Croft Ambrey RC	FV35	5
0:22:28	Jo	Marriott	Croft Ambrey RC	FV50	15
0:23:31	Joanne	Tilby	Croft Ambrey RC	FV35	21
0:25:25	Suzanne	Powell	Croft Ambrey RC	FV55	35
Total					80
3rd					
Wye Valley Runners A					
0:21:47	Lauren	Williams	Wye Valley Runners	SF	7
0:21:49	Laura	Tootell	Wye Valley Runners	FV40	8
0:22:57	Jane	Hayde	Wye Valley Runners	FV35	18
0:24:09	Lynne	Compton	Wye Valley Runners	FV50	24
0:24:17	Ann	Pritchard	Wye Valley Runners	FV50	25
Total					82
4th					
Hereford Couriers B					
0:22:41	Kate	Morris	Hereford Couriers	FV35	16
0:23:19	Michelle	Bowley	Hereford Couriers	FV50	20
0:24:41	Kirsty	Jenkins	Hereford Couriers	SF	28
0:25:12	Bronwen	Tyler-Jones	Hereford Couriers	FV45	32
0:25:14	Mandy	Rees	Hereford Couriers	FV40	33
Total					129
5th					
Hereford Couriers C					
0:26:23	Bryony	Dean	Hereford Couriers	FV40	42
0:27:03	Sky	Herington	Hereford Couriers	SF	49
0:27:05	Laura	Jenkins	Hereford Couriers	SF	50
0:28:35	Hollie	Francis	Hereford Couriers	SF	67

0:28:38	Caz	Holmes	Hereford Couriers	SF	69
Total					257
6th	Croft Ambrey B				
0:27:10	Gemma	Davies	Croft Ambrey RC	FV35	52
0:27:34	Thea	Preece	Croft Ambrey RC	SF	55
0:27:47	Bronwyn	Preece	Croft Ambrey RC	SF	56
0:28:21	Lisa	Gray	Croft Ambrey RC	FV45	62
0:28:37	Victoria	Dickinson	Croft Ambrey RC	FV50	68
Total					293
7th	Croft Ambrey C				
0:28:40	Louise	Reeve	Croft Ambrey RC	FV40	70
0:28:51	Teresa	Jones	Croft Ambrey RC	FV50	72
0:29:11	Carol	Powell	Croft Ambrey RC	FV45	77
0:30:37	Sophie	Steane	Croft Ambrey RC	SF	85
0:32:28	Clare	Preece	Croft Ambrey RC	FV50	99
Total					403
8th	Hereford Couriers D				
0:29:06	Bev	Tyler	Hereford Couriers	FV50	73
0:29:26	Kelly	Murray	Hereford Couriers	SF	80
0:30:42	Hannah	Campbell	Hereford Couriers	SF	86
0:33:36	Anna	Simpkin	Hereford Couriers	SF	109
0:37:17	Sarah	Bowring	Hereford Couriers	FV50	116
Total					464