

# Herefordshire Cross Country League 2018-

2019

<u>RACE 5</u>	<u>PRESTEIGNE - WOMEN</u>			<u>Date</u>	<u>24th.Feb. 2019</u>
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	
1	Bethan Logan	Hay Hotfooters	S.F.	33.58	
2	Alice Godding	Ludlow Runners	S.F.	34.01	
3	Amy Fulford	Ludlow Runners	FV40	34.12	
4	Holly Gourley	Ledbury & District Harriers	FV35	34.24	
5	Jo Rees	Rhayader R.C.	FV40	34.52	
6	Laura Tootell	Wye Valley Runners	FV40	35.45	
7	Aderyn Carter	Hay Hotfooters	J.F.	35.55	
8	Louise Bartlett	Hereford Triathlon Club	FV35	36.12	
9	Sarah Christensen	Hay Hotfooters	FV35	36.35	
10	Gemma Mallett	Croft Ambrey R.C.	S.F.	37.06	
11	Emma Jones	Croft Ambrey R.C.	FV40	38.18	
12	Tia Froome	Hereford Triathlon Club	U.17	38.24	
13	Roxy Woodfield	Croft Ambrey R.C.	S.F.	38.35	
14	Clare Mallender	Hereford Couriers	FV40	38.44	
15	Vanessa Ball	MonRoss Trailblazers	S.F.	39.04	
16	Sarah Cordingley	Maldwyn Harriers	FV35	39.14	
17	Helen Davies	Hereford Triathlon Club	FV35	39.55	
18	Cath Watkins	Wye Valley Runners	FV40	40.04	
19	Hannah Stanton-Warren	Ludlow Runners	S.F.	40.17	
20	Hannah Watkins	Hereford Couriers	S.F.	40.19	
21	Gunvor Troelsen	Builth & District R.C.	FV50	40.26	
22	Jo Marriott	Croft Ambrey R.C.	FV50	40.31	
23	Louise Reynolds	Croft Ambrey R.C.	FV50	41.11	
24	Sharon Lindesay	Hay Hotfooters	FV45	41.20	
25	Suzanne Rowlands	Maldwyn Harriers	FV40	41.21	
26	Lynne Compton	Wye Valley Runners	FV50	41.22	
27	Sue Powell	Croft Ambrey R.C.	FV55	41.28	
28	Imogen Marriott	Croft Ambrey R.C.	U.17	41.44	
29	Rachel Butler	Maldwyn Harriers	FV55	41.53	
30	Imme Davies	Hay Hotfooters	FV45	42.15	
31	Samantha Harper	Croft Ambrey R.C.	FV40	42.25	
32	Jordan Powis	Hereford Triathlon Club	S.F.	43.02	
33	Tina Cartwright	Ludlow Runners	FV60	43.04	
34	Jo Ellis	Wye Valley Runners	FV40	43.12	
35	Jan Edwards	Wye Valley Runners	FV60	43.12	
36	Emma Tipton	Ludlow Runners	FV35	43.41	
37	Rebecca O'Shea	Maldwyn Harriers	FV45	43.48	
38	Sara White	Hay Hotfooters	FV45	44.10	
39	Katherine Davies	Maldwyn Harriers	S.F.	44.22	
40	Charlotte Godsall	Hereford Triathlon Club	FV40	44.24	
41	Flora Gunner	Croft Ambrey R.C.	FV55	44.36	
42	Beverley Turner	Builth & District R.C.	S.F.	44.52	
43	Susannah Kirk	Ledbury & District Harriers	FV40	45.08	
44	Emily Davies	Wye Valley Runners	FV35	45.14	

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45	Liz Davies-Ward	Hereford Triathlon Club	FV55	45.22	
46	Julie Caseley	Malvern Joggers	FV55	45.31	
47	Tina Lavelle	Hay Hotfooters	FV60	45.35	
48	Cecilia Horwood	Rhayader R.C.	FV35	45.45	
49	Catherine Bradley	Maldwyn Harriers	FV35	46.08	
50	Nondus Banning-Body	Rhayader R.C.	FV65	46.19	
51	Stephanie King	Croft Ambrey R.C.	FV50	46.49	
52	Kerry Martin	Croft Ambrey R.C.	FV35	47.32	
53	Lucy Jardine	Hay Hotfooters	FV50	48.32	
54	Jill Hillman	Maldwyn Harriers	FV60	48.27	
55	Georgina Fletcher	Maldwyn Harriers	FV55	48.46	
56	Nicola Kelly	Builth & District R.C.	FV45	48.48	
57	Hannah Hope	Presteigne Pacers	FV35	49.53	
58	Jane Kerr	Builth & District R.C.	FV50	50.12	
59	Ann Baskeyfield	Ludlow Runners	FV55	50.16	
60	Louise Reeves	Croft Ambrey R.C.	FV40	50.19	
61	Alison Benwell	Ludlow Runners	FV55	50.28	
62	Lisa Gray	Croft Ambrey R.C.	FV45	51.55	
63	Becky Humphries	Wye Valley Runners	S.F.	52.17	
64	Deanna Mammatt	Hereford Triathlon Club	FV40	52.21	
65	Jan Shanahan	Maldwyn Harriers	FV50	52.25	
66	Katy Godsell	Maldwyn Harriers	FV35	52.33	
67	Gemma Davies	Croft Ambrey R.C.	FV35	52.35	
68	Jo Stanley	Ludlow Runners	FV55	52.57	
69	Terri Jones	Maldwyn Harriers	FV55	53.07	
70	Sarah Bowring	Hereford Couriers	FV50	53.18	
71	Caroline Orrells	Maldwyn Harriers	FV60	53.32	
72	Carrol Stocker	Presteigne Pacers	FV60	75.54	
73	Sybil Marsh	Ludlow Runners	FV70	80.38	