

# Herefordshire Cross Country League 2018-2019

<u>RACE 5</u>	<u>PRESTEIGNE MEN</u>		<u>Date</u>	<u>Feb. 24th. 2019</u>
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Joseph Murray	Maldwyn Harriers	S.M.	44.36
2	Tim Iveson	Builth & District R.C.	S.M.	44.40
3	Mike Pfeiffer	Builth & District R.C.	MV50	45.54
4	Mark Lamonby	Croft Ambrey R.C.	S.M.	46.15
5	Tim Davies	Maldwyn Harriers	MV40	46.48
6	Chris Grubb	Ledbury & District Harriers	S.M.	47.09
7	Andy Fisher	Hereford Triathlon Club	MV45	47.49
8	Jonny Pugh	Builth & District R.C.	S.M.	48.10
9	Will Hayward	Croft Ambrey R.C.	J.M.	48.18
10	Gavin Jones	MonRoss Trailblazers	S.M.	48.40
11	Christian Jones	Wye Valley Runners	MV45	49.35
12	Roger Farrington	Maldwyn Harriers	MV55	49.58
13	Martin Copus	Maldwyn Harriers	S.M.	50.13
14	Andy Stephens	MonRoss Trailblazers	MV40	50.49
15	Mark Thomas	Croft Ambrey R.C.	MV45	51.02
16	Ben Bowen	Builth & District R.C.	S.M.	51.05
17	Steve Flowers	Wye Valley Runners	S.M.	51.13
18	Ross Cameron	Hereford Couriers	J.M.	51.23
19	Steven Hepton	Builth & District R.C.	MV40	52.09
20	Adrian Taylor	Presteigne Pacers	MV45	52.12
21	Glyn Williams	Croft Ambrey R.C.	MV45	52.26
22	Craig Collier	Ludlow Runners	S.M.	54.28
23	Ben Skinner	Hereford Couriers	S.M.	54.36
24	Will Gore	Croft Ambrey R.C.	S.M.	54.43
25	Lee Price	Builth & District R.C.	MV40	54.45
26	Edward Davies	Maldwyn Harriers	MV60	54.55
27	Jeremy Jehan	Wye Valley Runners	MV45	55.02
28	Ryan Lawrence	Hereford Couriers	S.M.	55.05
29	Nigel Taylor	Croft Ambrey R.C.	MV50	55.57
30	David Archer	Ludlow Runners	MV45	56.16
31	Richard Bullas	Builth & District R.C.	S.M.	56.22
32	Richard Bevan	MonRoss Trailblazers	MV45	56.41
33	Mark Warren	Ludlow Runners	MV55	56.48
34	Jordan McQueen	Croft Ambrey R.C.	S.M.	57.07
35	Andy Taylor	Hereford Triathlon Club	MV45	57.29
36	Tom Thorneycroft	Hay Hotfooters	MV40	57.43
37	Neil Grinnell	Ledbury & District Harriers	MV40	57.47
38	Martin Carter	Hay Hotfooters	MV50	57.53
39	Greg Jones	Croft Ambrey R.C.	MV45	58.12
40	David Klotz	Wye Valley Runners	S.M.	58.33
41	Kevin Jones	Maldwyn Harriers	MV40	58.37
42	Paul Baskeyfield	Ludlow Runners	MV55	58.45
43	David Elks	Ledbury & District Harriers	S.M.	58.54
44	Paul Thomas	Maldwyn Harriers	MV55	58.58
45	Matt Moffatt	Croft Ambrey R.C.	MV40	59.03
46	Angus Kirby	Ludlow Runners	MV55	59.07
47	Ward Linney	Wye Valley Runners	MV40	59.15
48	Andy Ware	Hereford Triathlon Club	MV50	59.40
49	Piotr Zglinski	Maldwyn Harriers	S.M.	59.53
50	Paul Mammatt	Hereford Triathlon Club	MV50	59.58



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	<u>SHORTER COURSE</u>			
	Brian Symonds	Wye Valley Runners	MV75	48.06
	Tom Davies	Croft Ambrey R.C.	MV70	51.26
	Bryan Markham	Croft Ambrey R.C.	MV75	55.24