

# Herefordshire Cross Country League 2018-2019

	<u>AWARD WINNERS</u>	<u>MEN</u>	<u>POINTS</u>
<u>OVERALL WINNER</u>	<u>TIM IVESON</u>	Builth & District R.C.	4
<u>SENIOR MEN</u>	1. TIM IVESON	Builth & District R.C.	4
	2. JONNY PUGH	Builth & District R.C.	6
	3. MARK LAMONBY	Croft Ambrey R.C.	14
<u>VETERAN 40+</u>	1. TIM DAVIES	Maldwyn Harriers	4
	2. DAN LEWIS	Wye Valley Runners	9
	3. ANDY STEPHENS	MonRoss Trailblazers	9
<u>VETERAN 45+</u>	1. ANDY FISHER	Hereford Triathlon Club	4
	2. CHRISTIAN JONES	Wye Valley Runners	10
	3. ADRIAN TAYLOR	Presteigne Pacers	18
<u>VETERAN 50+</u>	1. MIKE PFEIFFER	Wye Valley Runners	4
	2. CHRIS LAW	Ledbury & District Harriers	15
	3. MARTIN CARTER	Hay Hotfooters	15
<u>VETERAN 55+</u>	1. MARK WARREN	Ludlow Runners	6
	2. PAUL THOMAS	Maldwyn Harriers	10
	3. PAUL BASKEYFIELD	Ludlow Runners	12
<u>VETERAN 60+</u>	1. EDWARD DAVIES	Maldwyn Harriers	4
	2. MARTIN GREEN	Maldwyn Harriers	8
	3. NEIL TAYLOR	Croft Ambrey R.C.	11
<u>VETERAN 65+</u>	1. ASHLEY ROBINSON	Croft Ambrey R.C.	4
	2. STEVE ORRELLS	Maldwyn Harriers	8
	3. MIKE SHAW	Hereford Triathlon Club	13
<u>VETERAN 70 +</u>	1. IAN PRICE	Croft Ambrey R.C.	5
	2. GUY WHITMARSH	Croft Ambrey R.C.	11
	3. GARY GUNNER	Croft Ambrey R.C.	11
<u>VETERAN 75+</u>	1. BRIAN SYMONDS	Wye Valley Runners	4
<u>JUNIOR MEN</u>	1. JASPER ROBINSON	Croft Ambrey R.C.	9