

# Herefordshire Cross Country League 2018-

2019

<u>RACE 3</u>	<u>QUEENSWOOD - WOMEN</u>			<u>Date</u>	<u>6<sup>th</sup> Jan., 2019</u>
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	
1	Jodie Newell	Wye Valley Runners	S.F.	47.28	
2	Jo Rees	Rhayader R.C.	FV40	48.14	
3	Alice Godding	Ludlow Runners	S.F.	48.33	
4	Bethan Logan	Hay Hotfooters	S.F.	48.33	
5	Becky Davies	Wye Valley Runners	S.F.	48.44	
6	Kelly Bowen	Croft Ambrey R.C.	S.F.	48.47	
7	Ffion Gilbert	Ludlow Runners	J.F.	49.36	
8	Sarah Christensen	Hay Hotfooters	FV35	49.59	
9	Laura Lelievre	Monross Trailblazers	S.F.	50.11	
10	Holly Gourley	Ledbury & District Harriers	FV35	50.23	
11	Laura Tootell	Wye Valley Runners	FV40	50.49	
12	Jacqui Loxam	Maldwyn Harriers	FV40	51.21	
13	Aderyn Carter	Hay Hotfooters	J.F.	51.25	
14	Faith Addison	Hereford Triathlon Club	S.F.	52.13	
15	Sarah Cordingley	Maldwyn Harriers	FV35	52.50	
16	Juliet Moxon	Wye Valley Runners	FV35	53.07	
17	Becki Ansfield	Wye Valley Runners	FV40	53.32	
18	Clare Mallender	Hereford Couriers	FV40	53.39	
19	Steph Main	Croft Ambrey R.C.	FV45	53.52	
20	Kerry Wathen	Hereford Couriers	FV40	54.29	
21	Helen Davis	Hereford Triathlon Club	FV35	54.37	
22	Roxy Woodfield	Croft Ambrey R.C.	S.F.	54.49	
23	Rebecca Bennion	Monross Trailblazers	S.F.	54.58	
24	Emma Jones	Croft Ambrey R.C.	FV40	55.38	
25	Louise Reynolds	Croft Ambrey R.C.	FV50	55.50	
26	Caroline Morgan	Maldwyn Harriers	FV35	56.24	
27	Emily Hinton	Ludlow Runners	FV35	56.42	
28	Susannah Kirk	Ledbury & District Harriers	FV40	56.50	
29	Rachel Butler	Maldwyn Harriers	FV55	57.01	
30	Vanessa Ball	Monross Trailblazers	S.F.	57.04	
31	Suzanne Rowlands	Maldwyn Harriers	FV40	57.58	
32	Lynne Compton	Wye Valley Runners	FV50	58.05	
33	Rebecca O'Shea	Maldwyn Harriers	FV45	58.17	
34	Jo Marriott	Croft Ambrey R.C.	FV50	58.22	
35	Aisling Freeth	Hereford Couriers	S.F.	58.44	
36	Sue Powell	Croft Ambrey R.C.	FV55	58.48	
37	Joanne Tilby	Croft Ambrey R.C.	FV35	59.07	
38	Liza Austin	Croft Ambrey R.C.	FV50	59.14	
39	Flora Gunner	Croft Ambrey R.C.	FV55	59.24	
40	Samantha Harper	Croft Ambrey R.C.	FV40	59.30	
41	Jordan Powis	Hereford Triathlon Club	S.F.	60.04	
42	Jenny Papworth	Hereford Triathlon Club	FV45	60.04	
43				60.07	

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<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	
44	Sara White	Hay Hotfooters	FV45	60.49	
45	Jan Edwards	Wye Valley Runners	FV60	60.54	
46	Joyce Warburton	Hereford Triathlon Club	FV45	60.58	
47	Sharon Lindesay	Hay Hotfooters	FV45	61.06	
48	Ann Pritchard	Wye Valley Runners	FV50	61.07	
49	Imme Davies	Hay Hotfooters	FV45	61.08	
50	Lucy Wilding	Croft Ambrey R.C.	S.F.	61.22	
51	Gunvor Troelsen	Builth & District R.C.	FV50	61.28	
52	Emma Tipton	Ludlow Runners	FV35	62.11	
53	Helen Owen	Maldwyn Harriers	FV45	62.17	
54	Jo Ellis	Wye Valley Runners	FV40	62.32	
55	Julie Caseley	Maldwyn Joggers	FV55	63.00	
56	Liz Davies-Ward	Hereford Triathlon Club	FV55	63.13	
57	Rachel Williams	Maldwyn Harriers	S.F.	63.18	
58	Elizabeth Whitmarsh	Ludlow Runners	FV35	63.34	
59	Emily Davies	Wye Valley Runners	FV35	63.55	
60	Terri Jones	Maldwyn Harriers	FV55	64.27	
61	Charlotte Godsall	Hereford Triathlon Club	FV40	64.56	
62	Jo Lord	Hay Hotfooters	FV55	66.06	
63	Kerry Martin	Croft Ambrey R.C.	FV35	66.07	
64	Claire Webb	Ludlow Runners	FV45	66.52	
65	Tina Lavelle	Hay Hotfooters	FV60	66.52	
66	Jill Hillman	Maldwyn Harriers	FV60	66.56	
67	Stephanie King	Croft Ambrey R.C.	FV50	66.56	
68	Kim Handley	Wye Valley Runners	S.F.	67.16	
69	Georgina Fletcher	Maldwyn Harriers	FV55	67.18	
70	Lucy Jardine	Hay Hotfooters	FV50	68.06	
71	Emma Murphy	Hereford Triathlon Club	FV40	68.12	
72	Nicola Kelly	Builth & District R.C.	FV45	68.17	
73	Louise Phillips	Presteigne Pacers	FV45	68.47	
74	Ann Baskeyfield	Ludlow Runners	FV55	69.47	
75	Alison Benwell	Ludlow Runners	FV55	70.54	
76	Hannah Watkins	Hereford Couriers	S.F.	71.49	
77	Susannah English	Hay Hotfooters	FV60	71.49	
78	Lisa Gray	Croft Ambrey R.C.	FV45	72.45	
79	Louise Reeves	Croft Ambrey R.C.	FV40	73.51	
80	Debbie Bean	Ludlow Runners	FV35	74.12	
81	Caroline Orrells	Maldwyn Harriers	FV60	74.40	
82	Jane Kerr	Builth & District R.C.	FV50	75.43	
83	Gemma Davies	Croft Ambrey R.C.	FV35	76.09	
84	Sybil Marsh	Ludlow Runners	FV70	79.40	
85	Katy Godsell	Maldwyn Harriers	FV35	81.17	
86	Carrol Stocker	Presteigne Pacers	FV60	89.25	