

Herefordshire Cross Country League 2018-2019

<u>RACE 3</u>	<u>QUEENSWOOD - MEN</u>		<u>Date</u>	<u>Jan 6th 2019</u>
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Tim Iveson	Builth & District R.C.	S.M.	37.13
2	Jonny Pugh	Builth & District R.C.	S.M.	37.54
3	Mike Pfeiffer	Builth & District R.C.	MV50	38.24
4	Andy Salt	Croft Ambrey R.C.	S.M.	38.30
5	Tim Davies	Maldwyn Harriers	MV40	38.38
6	Joseph Murray	Maldwyn Harriers	S.M.	39.11
7	Clive Morgan	Maldwyn Harriers	S.M.	39.44
8	Andy Fisher	Hereford Triathlon Club	MV45	40.07
9	Mark Lamonby	Croft Ambrey R.C.	S.M.	40.38
10	Barry Reynolds	Hereford Couriers	MV45	40.53
11	Matt James	Hereford Couriers	S.M.	40.54
12	Mark Thomas	Croft Ambrey R.C.	MV45	40.57
13	Neil Godsell	Maldwyn Harriers	S.M.	41.06
14	Gavin Jones	Monross Trailblazers	S.M.	41.15
15	Dillon Gill	Maldwyn Harriers	J.M.	41.20
16	Gareth Leek	Croft Ambrey R.C.	S.M.	41.31
17	Luke Gray	Monross Trailblazers	S.M.	41.53
18	Christian Jones	Wye Valley Runners	MV45	42.02
19	Chris Grubb	Ledbury & District Harriers	S.M.	42.09
20	Andy Stephens	Monross Trailblazers	MV40	42.13
21	Martin Copus	Maldwyn Harriers	S.M.	42.15
22	Richard Williams	Wye Valley Runners	S.M.	42.31
23	Dan Lewis	Wye Valley Runners	MV40	42.46
24	Liam Tosh	Hereford Couriers	MV45	42.52
25	Will Maul	Hereford Couriers	S.M.	42.56
26	Ben Bowen	Builth & District R.C.	S.M.	43.26
27	Peter Nugent	Wye Valley Runners	S.M.	43.45
28	Stafford Rees	Rhayader R.C.	MV45	43.57
29	Tom Grady	Hereford Couriers	S.M.	44.07
30	Steve Flowers	Wye Valley Runners	S.M.	44.26
31	Craig Collier	Ludlow Runners	S.M.	44.31
32	Hefin Rowlands	Maldwyn Harriers	S.M.	44.43
33	Adrian Taylor	Presteigne Pacers	MV45	44.54
34	Will Gore	Croft Ambrey R.C.	S.M.	44.56
35	Ian Sockett	Wye Valley Runners	MV45	45.02
36	Peter Flynn	Wye Valley Runners	MV45	45.12
37	Conrad Lawson	Hereford Triathlon Club	MV40	45.47
38	Ross Cameron	Hereford Couriers	J.M.	46.13
39	Edward Davies	Maldwyn Harriers	MV60	46.34
40	Grant Womack	Ludlow Runners	S.M.	46.54
41	Jeremy Jehan	Wye Valley Runners	MV45	46.56
42	Mark Warren	Ludlow Runners	MV55	46.58
43	Gareth Davies	Maldwyn Harriers	MV50	47.04
44	Jake Underhill	Hereford Couriers	MV40	47.24
45	David Archer	Ludlow Runners	MV45	47.30
46	Ben Skinner	Hereford Couriers	S.M.	47.33
47	Lee Price	Builth & District R.C.	S.M.	47.39
48	David Klotz	Wye Valley Runners	S.M.	47.52
49	Chris Law	Ledbury & District Harriers	MV50	48.04
50	Ryan Lawrence	Hereford Couriers	S.M.	48.28

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51	Matt Jenneson	Ludlow Runners	S.M.	48.28
52	Sam Juson	Croft Ambrey R.C.	S.M.	48.31
53	Garry Jones	Maldwyn Harriers	MV45	48.45
54	Paul Thomas	Maldwyn Harriers	MV55	49.10
55	Nick Currie	Ledbury & District Harriers	MV50	49.12
56	Neil Grinnell	Ledbury & District Harriers	MV40	49.16
57	Angus Kirby	Ludlow Runners	MV55	49.18
58	Martin Carter	Hay Hotfooters	MV50	49.27
59	Ward Linney	Wye Valley Runners	MV40	49.41
60	Paul Baskeyfield	Ludlow Runners	MV55	49.43
61	Matt Ansfield	Hereford Triathlon Club	MV45	49.47
62	John Warburton	Hay Hotfooters	MV50	49.54
63	Sam Harness	Monross Trailblazers	MV40	50.05
64	Andy Chamberlain	Wye Valley Runners	S.M.	50.15
65	Daniel Owen	Maldwyn Harriers	MV40	50.18
66	Mike Link	Hereford Couriers	MV45	50.27
67	David Wilson	Ledbury & District Harriers	MV40	50.29
68	Nick Preece	Wye Valley Runners	MV40	50.30
69	Greg Jones	Croft Ambrey R.C.	MV45	51.06
70	Martin Green	Maldwyn Harriers	MV60	51.09
71	Piotr Zglinski	Maldwyn Harriers	S.M.	51.12
72	Steve Mesham	Presteigne Pacers	MV45	51.26
73	Kevin Rowe	Hereford Couriers	MV50	51.27
74	Brian Morgan	Hay Hotfooters	MV50	51.28
75	Paul Smith	Hay Hotfooters	MV40	51.29
76	Richard Bullars	Builth & District R.C.	S.M.	51.30
77	Paul Mammatt	Hereford Triathlon Club	MV50	51.31
78	Lewis Hayde	Wye Valley Runners	MV40	51.41
79	Lee Monks	Ludlow Runners	S.M.	51.47
80	James Hinton	Ludlow Runners	MV40	51.51
81	Kevin Jones	Maldwyn Harriers	MV40	52.04
82	Will Milde	Hereford Triathlon Club	S.M.	52.06
83	Ashley Robinson	Croft Ambrey R.C.	MV65	52.14
84	Neil Taylor	Croft Ambrey R.C.	MV60	52.18
85	Dan Spear	Ludlow Runners	S.M.	52.39
86	Steve Herington	Hereford Couriers	MV70	52.53
87	Paddy Nugent	Wye Valley Runners	MV55	53.02
88	Ian Price	Croft Ambrey R.C.	MV70	53.57
89	Clive Richardson	Ludlow Runners	MV60	54.27
90	James Vidler	Wye Valley Runners	MV55	54.35
91	Steve Orrells	Maldwyn Harriers	MV65	55.09
92	Chris Payne	Hereford Triathlon Club	MV55	55.14
93	Dave Millichap	Croft Ambrey R.C.	MV50	55.14
94	Jasper Robinson	Croft Ambrey R.C.	J.M.	55.30
95	Antony Wade	Croft Ambrey R.C.	MV45	55.36
96	Andrew Brown	Malvern Joggers	MV45	56.01
97	Jay Woolaway	Hereford Triathlon Club	S.M.	56.06
98	Andrew Sherlock	Maldwyn Harriers	MV45	56.12
99	David Green	Hereford Couriers	MV50	56.25
100	Brent Lowson	Wye Valley Runners	MV55	56.30
101	Lee Reeves	Ludlow Runners	MV45	56.33

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102	Iain Hutchinson	Hereford Triathlon Club	S.M.	56.36
103	Christian Prynne	Builth & District R.C.	MV45	56.41
104	Piotr Strzesak	Presteigne Pacers	MV60	56.44
105	Mark Dempsey	Wye Valley Runners	MV65	56.48
106	Stephen Goodridge	Hay Hotfooters	MV55	57.09
107	Will Ford	Hay Hotfooters	MV40	57.12
108	Paul Newman	Malvern Joggers	MV55	57.26
109	Paul Tree	Hay Hotfooters	MV50	58.38
110	Jeff Kay	Hay Hotfooters	MV60	58.38
111	Mike Shaw	Hereford Triathlon Club	MV65	59.02
112	Scott Hardie	Croft Ambrey R.C.	S.M.	59.06
113	Ifan Jones	Maldwyn Harriers	MV50	59.37
114	Lewis Prynne	Builth & District R.C.	S.M.	59.52
115	Kevin Barnes	Hereford Couriers	MV55	60.02
116	Andrew Mason	Hereford Triathlon Club	MV40	60.04
117	Chris Copus	Maldwyn Harriers	MV60	60.12
118	Temí Odurinde	Wye Valley Runners	MV55	60.53
119	Mark Williams	Croft Ambrey R.C.	MV50	61.02
120	Gary Gunner	Croft Ambrey R.C.	MV70	61.20
121	Brian Symonds	Wye Valley Runners	MV75	62.38
122	Chris Padfield	Ledbury & District Harriers	MV40	62.54
123	John Price	Hay Hotfooters	MV60	63.24
124	John Bilbao	Hereford Triathlon Club	MV60	65.51
125	Nick Paviour	Croft Ambrey R.C.	S.M.	67.44
126	Sandy Ross	Ludlow Runners	MV65	67.50
127	Peter Smith	Wye Valley Runners	MV70	76.04
128	Bryan Markham	Croft Ambrey R.C.	MV75	76.57