

# Herefordshire Cross Country League 2018-19

RACE 3	<u>QUEENSWOOD</u>	<u>MEN</u>	<u>6<sup>th</sup>. Jan. 2019</u>
<u>Pos</u>	<u>Team</u>	<u>Race 3 Scores</u>	<u>RunningTotal</u>
1	MALDWYN HARRIERS	31	125
2	BUILTH & DISTRICT R.C.	32	114
3	CROFT AMBREY R.C.	41	174
4	HEREFORD COURIERS	70	237
5	WYE VALLEY RUNNERS	90	214
6	MALDWYN HARRIERS 'B'	107	367
7	MONROSS TRAILBLAZERS	114	X
8	WYE VALLEY RUNNERS 'B'	142	472
9	HEREFORD COURIERS 'B'	157	X
10	LUDLOW RUNNERS	158	536
11	LEDBURY & DISTRICT HARRIERS	179	459
12	HEREFORD TRIATHLON CLUB	183	373
13	MALDWYN HARRIERS 'C'	215	739
14	CROFT AMBREY R.C. 'B'	238	585
15	WYE VALLEY RUNNERS 'C'	239	870
16	LUDLOW RUNNERS 'B'	247	847
17	HAY HOTFOOTERS	269	769
18	HEREFORD COURIERS 'C'	275	X
19	MALDWYN HARRIERS 'D'	313	X
20	BUILTH & DISTRICT R.C. 'B'	340	X
21	WYE VALLEY RUNNERS 'D'	355	X
22	LUDLOW RUNNERS 'C'	355	X
23	CROFT AMBREY R.C. 'C'	359	899
24	HEREFORD TRIATHLON CLUB 'B'	373	822
25	HAY HOTFOOTERS 'B'	432	X
26	CROFT AMBREY R.C. 'D'	448	1203
27	HEREFORD TRIATHLON CLUB 'C'	469	X
28	WYE VALLEY RUNNERS 'E'	474	X