## Hereford Couriers 5K series race 2 (provisional results)

	0.46.00	30NEG GL !!			406	
1	0:16:02	JONES, Charlie	Cheltenham	Senior Male	106	1
2	0:16:04	KING, Daniel	Wye Valley Runners	Senior Male	49	2
3	0:16:11	BARNES, Jonathan	Cheltenham	Senior Male	154	3
4	0:16:14	JAMES, Mark	Cheltenham	Male Vet 40	129	4
5	0:16:18	WOODWARD, Peter	Forest of Dean AC	Senior Male	52	5
6	0:16:48	JAMES, Matt	Hereford Couriers	Senior Male	75	6
7	0:16:49	O DUBHLAING, Feidhlim	Worcester AC	Senior Male	12	7
8	0:16:52	MAYGLOTHLING, Sam	Wye Valley Runners	Senior Male	48	8
9	0:16:54	POLLOCK, Adam	Worcester AC	Senior Male	95	9
10	0:17:07	STEPHENS, Andrew	Monross	Male Vet 40	15	10
11	0:17:16	JONES, Gavin	Monross	Senior Male	43	11
12	0:17:30	FLOWERS, Steven	Wye Valley Runners	Senior Male	162	12
13	0:17:41	HEAD, James	Gloucester AC	Male Vet 40	45	13
14	0:17:48	DAVIES, Hugh	Worcester AC	Male Vet 45	159	14
15	0:17:54	BENNETTO, Marcus	Forest of Dean AC	Senior Male	51	15
16	0:17:54	WOOD, Lea	Wye Valley Runners	Senior Male	130	16
17	0:17:55	JEHAN, Jeremy	Wye Valley Runners	Male Vet 40	42	17
18	0:17:57	JAMES, Russell	Hereford Couriers	Male Vet 50	21	18
19	0:17:57	SANDFORD, Dan	Forest of Dean AC	Male Vet 40	72	19
20	0:17:59	GRICE, Liam	Wye Valley Runners	Senior Male	109	20
21	0:18:02	CAMERON, Ross	Hereford Couriers	Junior Male under 20	20	21
22	0:18:03	RAMAGE, Darren	Road Runner Club	Male Vet 40	64	22
23	0:18:04	FLEET, Leyton	Forest of Dean AC	Male Vet 45	97	23
24	0:18:06	HITCHINGS, Nick	Worcester AC	Male Vet 45	22	24
25	0:18:18	PEACH, Andrew	Worcester AC	Male Vet 50	77	25
26	0:18:20	TAYLOR, Alice	Spirit of Monmouth	Senior Female	14	26
27	0:18:23	JONES, Rob	Worcester AC	Senior Male	120	27
28	0:18:24	ROBERTSON, Emma	Worcester AC	Senior Female	67	28
29	0:18:36	JONES, Scott	Croft Ambrey	Junior Male under 15	70	29
30	0:18:53	PRITCHARD, Robert	Monross	Senior Male	16	30
31	0:18:59	COLLIER, Craig	Ludlow Runners	Senior Male	119	31
32	0:19:05	TYLER, Andrew	Hereford & County AC	Male Vet 40	163	32
33	0:19:06	BOON, Julian	Forest of Dean AC	Male Vet 45	2	33
34	0:19:17	WATKINS, Tim	Forest of Dean AC	Senior Male	38	34
35	0:19:24	HANCOX, Jim	Malvern Tri Club	Senior Male	142	35
36	0:19:32	CLEARY, Christopher	Hereford Couriers	Senior Male	110	36
37	0:19:34	MEADOWS, Jonathan	Wye Valley Runners	Senior Male	164	37
38	0:19:38	DAVIES, Paul	Wye Valley Runners	Male Vet 45	150	38
39	0:19:42	SANSOM, Glyn	San Domenico	Male Vet 55	7	39
40	0:19:43	POWELL, Thomas	Ludlow Runners	Senior Male	5	40
41	0:19:45	MEREDITH, Gerry	Monross	Male Vet 40	157	41
42	0:19:50	BAKER, Nigel	Monross	Male Vet 50	125	42
43	0:19:58	MATHESON, James	Black Pear Joggers	Male Vet 40	50	43
44	0:20:00	LINNEY, Ward	Wye Valley Runners	Senior Male	144	44
45	0:20:04	KEMP, Paul	Wye Valley Runners	Male Vet 40	82	45
46	0:20:04	NUGENT, Peter	Wye Valley Runners	Senior Male	31	46
47	0:20:10	PULLEN, Barry	wye valley Rufflers	Senior Male	148	47
48	0:20:12	MCCARTHY, Terry	Woodford Green AC	Male Vet 60	155	48
49	0:20:10	NUGENT, Paddy	Wye Valley Runners	Male Vet 55	33	49
	0:20:20	•	Hereford Tri Club	Senior Male	13	50
50 E1		CLIPNEY Bradley				
51	0:20:33	GURNEY, Bradley	Mercia Fell Runners	Senior Male	37 127	51 52
52	0:20:35	FLETCHER, James	Monross	Male Vet 50	127	52 52
53 54	0:20:36	HARPER, Alec	Croft Ambrey	Junior Male under 15	104	53 54
54	0:20:36	LOWE, Jemima	Black Pear Joggers	Female Vet 40	160	54
55	0:20:36	CHAMPKEN, Tony	Wye Valley Runners	Male Vet 60	108	55
56	0:20:40	JONES, Roxanne	Hereford Couriers	Senior Female	105	56
57	0:20:40	DARWEN, Peter	Black Pear Joggers	Male Vet 50	8	57

58	0:20:43	STEWARDSON Shana	Pridanorth AC	Junior Female under 15	27	58
59	0:20:45	STEWARDSON, Shana	Bridgnorth AC	Male Vet 50	27	59
60	0:20:43	TRUMPER, Jeremy DAVIES, Craig		Senior Male	112	60
61	0:20:56	EMERSON, Nicola	Wyo Valloy Ruppers	Female Vet 40	41	61
62	0:20:30	GREEN, David	Wye Valley Runners Hereford Couriers	Male Vet 45	10	62
63	0:21:10	ROBERTSON, Alan	Forest of Dean AC	Male Vet 60	9	63
64	0:21:15	•	Totest of Death AC	Female Vet 35	53	64
		EDDY, Joanna	Plack Page Jaggara			
65 66	0:21:20 0:21:24	WATKINS, Victoria	Black Pear Joggers Hereford Tri Club	Female Vet 35 Senior Male	137 24	65 66
67	0:21:24	WATHEN, Andrew	Wye Valley Runners	Female Vet 40	63	67
68	0:21:31	WYATT, Emma MAIN, Steph	Croft Ambrey	Female Vet 45	62	68
69	0:21:49	•	Wye Valley Runners	Male Vet 50	147	69
70	0:22:08	GILLIGAN, Robert	Monross	Senior Female	30	70
70	0:22:10	BALL, Vanessa		Male Vet 50	152	70 71
		SMALLWOOD, Michael	Wye Valley Runners			71 72
72 73	0:22:21 0:22:24	TAYLOR, Matthew	Wye Valley Runners Forest of Dean AC	Male Vet 40	156 28	72 73
73 74		HALL, Sherryl		Female Vet 50		73 74
	0:22:28	PROBYN, Kevin	Severn AC	Male Vet 45 Male Vet 60	117	7 <del>4</del> 75
75 76	0:22:39	BENJAMIN, Robert	Forest of Doop AC		124	75 76
	0:22:41	HEWITT, Gemma	Forest of Dean AC	Senior Female	161	
77 70	0:22:58	DAVIES, Susan	Croft Ambrey	Female Vet 50	113	77 70
78 70	0:22:59	WILSON, Peter	Malvern Joggers	Male Vet 50	47	78 70
79	0:23:05	PREECE, Roland	Cuaft Anahuay	Male Vet 50	135	79
80	0:23:09	PAVIOUR, Mark	Croft Ambrey	Male Vet 50	71 40	80
81	0:23:13	HAYWOOD, Adam	Wye Valley Runners	Senior Male	40	81
82	0:23:18	SEAL, Isabella	Hereford Couriers	Senior Female	111	82
83	0:23:25	TROUT, Julian	Wye Valley Runners	Male Vet 50	79	83
84	0:23:33	LLOYD, Ralph	Wye Valley Runners	Male Vet 50	29	84
85	0:23:38	PHILLIPS, Joe	Wye Valley Runners	Senior Male	66	85
86	0:23:41	COMPTON, Lynne	Wye Valley Runners	Female Vet 50	90	86
87	0:23:47	MASON, Christian		Senior Male	36	87
88	0:24:00	COMBEN, Glen	5 1 65 46	Male Vet 45	57	88
89	0:24:04	PARK, Lynne	Forest of Dean AC	Female Vet 55	26	89
90	0:24:05	WYMAN, Rhian	Forest of Dean AC	Senior Female	118	90
91	0:24:21	PETERS, Suzanne	Forest of Dean AC	Female Vet 50	138	91
92	0:24:25	HUMPHREYS, Becky	Wye Valley Runners	Senior Female	11	92
93	0:24:26	STEWARDSON, Emma	Ludlow Runners	Female Vet 35	78	93
94	0:24:37	SYMONDS, Brian	Wye Valley Runners	Male Vet 70	99	94
95	0:24:43	GREEN, Jackie	Forest of Dean AC	Female Vet 55	25	95
96	0:24:43	SMALLWOOD, Billy	Wye Valley Runners	Female Vet 50	151	96
97	0:24:51	WOOD, Kim		Senior Female	54	97
98	0:24:57	ROSS, Sandy		Male Vet 65	68	98
99	0:25:03	HAWORTH, Lee	W V II B	Senior Male	136	99
100	0:25:33	CHAMPKEN, Sian	Wye Valley Runners	Female Vet 45	107	100
101	0:25:41	WINSTON, John	5 1 65 46	Male Vet 60	60	101
102	0:25:53	FREEMAN, Anna	Forest of Dean AC	Female Vet 45	132	102
103	0:26:04	ADAMS, Liselette	Forest of Dean AC	Female Vet 35	96	103
104	0:26:16	PEGLER, Vanessa	Forest of Dean AC	Female Vet 45	91	104
105	0:26:42	JAMES, John	Severn AC	Male Vet 65	116	105
106	0:26:46	KNOTT, Andrew	Forest of Dean AC	Senior Male	84	106
107	0:27:30	WILSON, Vicky	Forest of Dean AC	Senior Female	103	107
108	0:27:54	WALBY, Martyn	Forest of Dean AC	Male Vet 45	149	108